

Goals of the CSHCA

- Support healthy lifestyles for students
- Provide comprehensive school health education
- Advocate for policies, funding and assessment in health programs
- Promote Coordinated School Health as an integral part of School Improvement
- Facilitate coordination and cooperation between schools, local, and state organizations
- Provide leadership and professional development for school health programs



Membership

Membership includes coordinators at each coordinating site, agency representatives from Michigan Departments of Education and Community Health, and other state and national partners.



Comprehensive School Health Coordinators' Association





The CSHCA is an open source network of 25 coordinating sites in Michigan, serving as hubs for delivering evidence-based programs driven by current state and local data, research and educational requirements.

We partner with our schools, communities, and parents toward a common goal of increasing student achievement and positive health outcomes.

**For every \$1
invested in the
CSHCA infrastructure,
\$27 dollars are
leveraged.**

(2010 Independent ROI Analysis)



CSHCA sites work within a Coordinated School Health framework, which consists of:

- Health Education
- Physical Education
- Counseling, Psychological & Social Services
- Health Promotion for School Staff
- Parent & Community Involvement
 - Health Services
- Healthy & Safe School Environment
 - Nutrition Services



Michigan Model for Health®

The key curriculum offered through the CSHCA is the *Michigan Model for Health*®. The Michigan Model is an **evidence-based**, comprehensive and sequential K-12 health education curriculum. The CSHCA provides curriculum training and technical support to local school districts.

Michigan Model provides age-appropriate lessons addressing the following areas:

- Social-Emotional
- Nutrition and Physical Activity
- Alcohol, Tobacco, and Other Drugs
- Personal Health and Wellness
- Safety
- HIV

In Michigan, 1.3 million students and their families receive Michigan Model curriculum in public and non-public schools.